



## DEVELOPMENTAL SERVICES ADVOCACY (DSA)

Do you want to know about your rights?  
Have your rights been violated? Would  
you like an advocate to attend an  
upcoming meeting or your annual Person-  
Centered Planning (PCP) meeting? A  
Disability Rights Maine (DRM) **advocate**  
can help!

An **advocate** is someone who protects your  
rights and helps you speak up for yourself.  
DRM is an independent, non-profit  
organization whose mission is to ensure  
autonomy, inclusion, equality, and access  
for people with disabilities in Maine.

### **An Advocate Will**

- ✓ Listen to you
  - ✓ Support you
  - ✓ Work with you
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## Your **Advocate** Works for You!

- ✓ What you say to your **advocate** is private.
- ✓ Your **advocate** helps you with what *YOU* want help with, NOT what someone else thinks you need help with.
- ✓ Your **advocate** can help you learn the tools to advocate for yourself.
- ✓ Your **advocate** can talk to you about guardianship.

## How Can I Get Help From an **Advocate?**

We have **advocates** in all areas of Maine.  
Call 800.452.1948 (V/TTY) to get started today!

[www.drme.org](http://www.drme.org)



DisabilityRightsMaine

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