

YOUTH HAVE RIGHTS

DISABILITY RIGHTS MAINE has **ADVOCATES** who can help youth like you who are receiving services in the community, the hospital or in a residential program.

An **ADVOCATE** is someone who helps protect your rights.

YOUR RIGHTS. ALL SERVICES.

NO EXCEPTIONS.

- ★ You have the **RIGHT** to contact an **ADVOCATE** if you feel your rights have been violated or you have concerns about your treatment.
- ★ You have the **RIGHT** to be treated with **RESPECT** by staff and peers.
- ★ You have the **RIGHT** to be free from abuse.
- ★ You have the **RIGHT** to not be bullied or mistreated by other residents or staff.
- ★ You have the **RIGHT** to file a grievance if you feel your rights have been violated. A grievance is a tool to have your **VOICE** heard.
- ★ If you file a grievance, the staff **CANNOT** punish you or treat you any differently.

- ★ If you are 14 or older, you have the **RIGHT** to be involved in creating or changing your **TREATMENT PLAN**. This includes talking about your medications, attending team meetings and other treatment options.

RIGHTS IN A HOSPITAL OR RESIDENTIAL SETTING

(Exceptions May Apply - Ask an Advocate)

- ★ You have the **RIGHT** to keep and use your belongings.
- ★ You have the **RIGHT** to be free from unnecessary searches of your body or belongings.
- ★ You have the **RIGHT** to send and receive unopened mail.
- ★ You have the **RIGHT** to have visitors and to make telephone calls during reasonable times.

If you have **QUESTIONS** or think your **RIGHTS** have been violated,

CALL US at 800.452.1948 **OR**

EMAIL US at advocate@drme.org

If an **ADVOCATE** is not available to speak with you immediately, please leave a message. DRM staff will call you back!



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