



YOUR RIGHT TO ACCESS BEHAVIORAL HEALTH HOME SERVICES

Behavioral Health Home Services (BHH) are mental health services that focus on both behavioral and physical health needs and are provided to people in their communities. This is more commonly known as BHH Services or Section 92 Services. The BHH team includes a psychiatric consultant, nurse care manager, clinical team leader, Certified Intentional Peer Support Specialist (CIPSS), Health Home Coordinator for Members with Serious and Persistent Mental Illness, and Medical Consultant.

The **BHH Team** can help you with things like:

- Managing substance use;
- Monitoring weight, BMI, nutrition, and medication;
- Finding and setting up appointments with doctors, therapists, emotional support services, and other types of services;
- Filling out and submitting applications for housing financial assistance, including applying for the Bridging Rental Assistance Program (BRAP) and Section 8;
- Making face-to-face contact with other professionals, caregivers or individuals in order to achieve coordination of services; and
- Accessing other services in the community.

You have the right to self-refer to any mental health agency offering this service and ask for an assessment. Make sure to ask for **Behavioral Health Home Services**.

If you need assistance with accessing Behavioral Health Home Services, call **Disability Rights Maine** at 800.452.1948 (V/TTY) Ext. 119, Ext. 208 or Ext. 210 to speak with a community mental health advocate.