



YOUR RIGHT TO ACCESS MENTAL HEALTH COMMUNITY INTEGRATION CASE MANAGEMENT SERVICES

Community Integration/Case Management Services are a type of mental health service that is provided to people in their communities. It is more commonly known as Case Management Services or Section 17 Case Management. The person assigned to work with you is called a “Case Manager”.

Case Managers can help you with things like:

- Finding and setting up appointments with doctors, therapists, emotional support services, and other types of services;
- Filling out and submitting applications for housing financial assistance, including applying for the Bridging Rental Assistance Program (BRAP) and Section 8;
- Making face-to-face contact with other professionals, caregivers or individuals in order to achieve coordination of services; and
- Accessing other services in the community.

You have the right to self-refer to any mental health agency offering this service and ask for an assessment. Make sure to ask for **Community Integration-Case Management Services**.

If you need assistance with accessing this service, either before or after you contact a mental health agency, call **Disability Rights Maine** at 800.452.1948 (V/TTY) Ext. 119, Ext. 208 or Ext. 210 to speak with a community mental health advocate.