WHAT CAN I DO IF MY RIGHTS ARE VIOLATED?

- Tell your case manager what happened, and ask your case manager to file a REPORTABLE EVENT about the problem.
- Ask to hold a **TEAM MEETING** to talk about your concerns.
- Work with your case manager to file a
 GRIEVANCE to let DHHS know that you
 have concerns about your services.
- Talk to your service provider about joining or starting a RESIDENTIAL COUNCIL.
- If this does not work, call **DISABILITY RIGHTS MAINE** at 207.626.2774 or 800.452.1948, or scan the QR Code for our online intake form.





The Developmental Services
Advocacy Program is funded by the
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Disability Services.

DEVELOPMENTAL SERVICES ADVOCACY (DSA)

A **DRM advocate** is someone who protects your rights and helps you speak up for yourself.

Your Advocate Works for You!

- What you say to your advocate is private.
- Your advocate helps you with what YOU want help with, NOT what someone else thinks you need help with.
- Your advocate can help you learn the tools to advocate for yourself.
- Your advocate can talk to you about guardianship.

How Can I Get Help From an Advocate?

We have **advocates** in all areas of Maine. Call 800.452.1948 (V/TTY) today!



www.drme.org

