

# EPYOC EXPRESS

DRME.ORG/YOUTH-SELF-ADVOCACY  
YOUTHSELFADVOCACY@DRME.ORG

## SEE YOU AT A MEETING!

### VIRTUAL RIGHTS TRAINING

WHEN: JUNE 18, 2024 11AM-12PM  
ZOOM MEETING ID: 818 1812 5968  
PASSWORD: 113031

### ADVOCACY 101: SKILL BUILDING

WHEN: JUNE 21, 2024 4-4:45PM  
ZOOM MEETING ID: 831 2797 4714  
PASSWORD: 492829

### LET'S JOB TALK

WHEN: JUNE 24, 2024 11AM-12PM  
ZOOM MEETING ID: 821 7014 2155  
PASSWORD: 121694

### VIRTUAL CHAPTER MEETING

WHEN: JUNE 26, 2024 11AM-12PM  
ZOOM MEETING ID: 819 0088 1844  
PASSWORD: 601488

## JOIN US FOR

## DISABILITY PRIDE!

JULY 19, 2024

11AM - 2PM

MILL PARK, AUGUSTA ME  
04330

JOIN OUR CELEBRATION OF  
DIVERSITY!

SPEAKERS - MUSIC - ART -  
RESOURCES - DANCING



THE FIRST OFFICIAL DISABILITY PRIDE CELEBRATION WAS IN 2015, TO RECOGNIZE THE ADA'S 25TH ANNIVERSARY OF BEING SIGNED IN JULY OF 1990! THE ORIGINAL DISABILITY PRIDE FLAG WAS CREATED BY ANN MAGILL IN 2019. THE FIRST DESIGN FEATURED BRIGHTLY COLORED STRIPES, ZIGZAGING ACROSS THE FLAG THAT PROMPTED SYMPTOMS FOR FOLKS WHOSE SYMPTOMS ARE VISUALLY TRIGGERED. THE CURRENT DESIGN (2021) WAS A COLLABORATIVE EFFORT BY MANY IN THE COMMUNITY TO ADDRESS THE INACCESSIBILITY ISSUES IN THE ORIGINAL DESIGN.

THE BLACK BACKGROUND HOLDS SPACE FOR VICTIMS OF VIOLENCE AND ABUSE. EVEN THE DIRECTION THE STRIPES MOVE IN IS NOTABLE! THE STRIPES SUGGEST CUTTING ACROSS BARRIERS THAT SEPERATE FOLKS WITH DISABILITIES FROM THE REST OF THEIR COMMUNITY.

RED REPRESENTS FOLKS WITH PHYSICAL DISABILITIES,

GOLD REPRESENTS NEURODIVERGENCE,

WHITE REPRESENTS THOSE WITH INVISIBLE DISABILITIES/UNDIAGNOSED FOLKS.

BLUE REPRESENTS THOSE WITH PSYCHIATRIC DISABILITIES.

GREEN REPRESENTS FOLKS WITH SENSORY DISABILITES.

# PEER TRAINING PROGRAM

Are you a client in a Community Support Program interested in helping others learn how to advocate for themselves in Person Centered Planning meetings?

Stipends available!

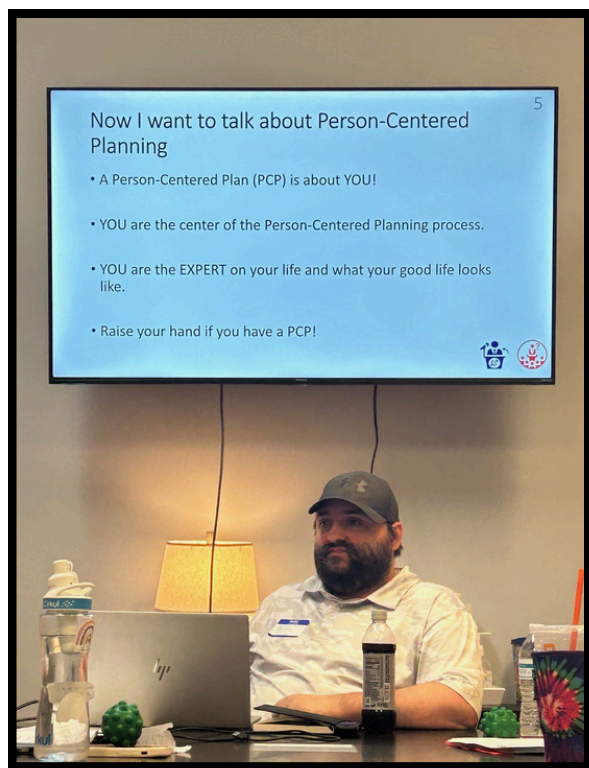
Scan to Register



**FOR MORE INFORMATION,  
CONTACT BRIAN HARNISH  
E-MAIL: BHARNISH@DRME.ORG  
PHONE: 207.626.2774 EXT. 104**

Trainings scheduled for  
Summer 2024

- Learn about Person Centered Planning
- Learn how to teach others to advocate for themselves
- Make real system wide change for others



Brian Harnish,  
Training Coordinator



The Portland Peer Training Session



THIS NEWSLETTER WAS DEVELOPED BY DISABILITY RIGHTS MAINE THROUGH THE 2023/2024 "INNOVATION PILOTS - RFP TO STIMULATE INDEPENDENCE PROMOTING INNOVATION" INITIATIVE. THIS PROJECT WAS FUNDED THROUGH THE FEDERAL MEDICAL ASSISTANCE PERCENTAGE (FMAP)/AMERICAN RESCUE PLAN ACT (ARPA) DOLLARS THROUGH THE CENTERS FOR MEDICARE AND MEDICAID SERVICES (CMS) UNDER SECTION 9817 HOME AND COMMUNITY BASED SERVICES (HCBS). ALL PRODUCTS OF THIS INITIATIVE ARE FREELY AVAILABLE FOR PUBLIC USE.

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# YOUTH SELF-ADVOCACY GROUP

**Self-advocacy** is learning new things, making your own choices, and speaking up for yourself and others.

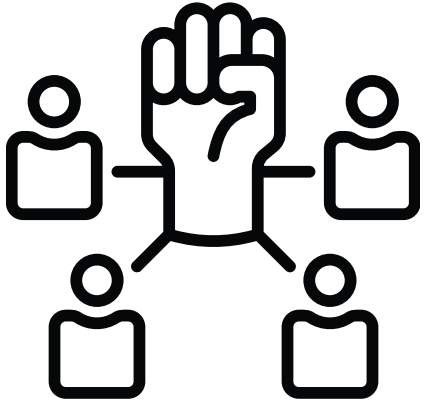
Advocacy is powerful when we do it **together!**



[WWW.DRME.ORG](http://WWW.DRME.ORG)

**FOR  
FOLKS 14-25  
WITH  
INTELLECTUAL  
AND  
DEVELOPMENTAL  
DISABILITIES**

**In-Person Meeting  
Equality Community Center  
(15 Casco St, Portland)  
from 4-5pm  
first wednesday of the month  
July 10 - Aug 7 - Sept 4, 2024**



**CONNECT VIA TEXT (207) 797-3081 OR [YOUTHSELFADVOCACY@DRME.ORG](mailto:YOUTHSELFADVOCACY@DRME.ORG)**